

## Empathy

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Have you ever seen someone sad and felt bad for them? That's called empathy. Having the ability to feel empathy for people is something you should be grateful for. When someone's feeling sad or lonely you should feel empathy for them instead of be mean to them. Because maybe that happened to you too.

When, I first started second grade, there was a new girl who had moved here from Georgia. Her name was Angelina. I often saw her alone with no one to play with. Everyone just ignored her like she was a ghost. But then I started to feel empathy for her. I was a bit shy at first though. On the first day, all I said was hi. On the second day I asked her what her name was.

When I went home that night, I told my mom about Angelina. Then, she told me something that I did not expect. At my mom's job, there was a new worker who was Angelina's mom. The new worker also had become my mom's friend. On the next day of school, I rushed to tell Angelina the news. At that very moment we became great friends.

I felt empathy for her because I knew how she felt. I was joining a new soccer team, and I knew no one. Because it was not in my district. I was really lonely. No one would talk to me. After a couple weeks I was still very lonely. No one was interested in me. But now, I have loads of friends at my club.

Feeling empathy for someone is a great way to start amazing friendships. Like me and Angelina. We've already had two sleepovers. Feeling empathy is also really helpful. It can help you know that you're not the only person who has to face hard times.